

**Birth to 1 month**

**2–3 months**

**4–6 months**

**6–8 months**

**8–12 months**

**12–18 months**

**Milestones include:**

- Social smile
- Laughs
- Can roll over
- Attains control of head and neck
- Toe-to-head assessment recommended

**Milestones include:**

- Tracks faces and can follow movement of objects
- Begins to smile
- Toe-to-head assessment recommended
- Red flag if complaint is “they rolled off the bed” because they cannot roll over yet

**Milestones include:**

- Sleeps often
- Looks around
- Does not follow movement
- Can focus on faces of objects by the end of this age group
- Toe-to-head assessment recommended
- Red flag if complaint is “they rolled off the bed” because they cannot roll over yet

**Milestones include:**

- Walks and begins to run
- Climbs steps
- Puts words together
- Stays close to their guardians for security
- Toe-to-head assessment in an attempt to build trust
- Consider examining the uninjured areas first

**Milestones include:**

- Laughing and babbling
- Most dangerous period of early childhood—becomes more mobile and puts everything in their mouth
- Stands and progresses to walking
- Toe-to-head assessment in an attempt to build trust
- Consider examining the uninjured areas first

**Milestones include:**

- Sits up
- Crawls
- Becomes fearful of strangers
- Toe-to-head assessment in an attempt to build trust
- Consider examining the uninjured area first

**2–3 years**

**3–6 years**

**6–12 years**

**12–16 years**

**Milestones include:**

- Often regresses when stressed
- Can communicate well for their age
- Inform of painful procedures directly before you have to perform them; often, the anticipation is worse than the procedure with this age group

**Milestones include:**

- Rapidly acquires new motor, cognitive, and communication skills
- Able to communicate thoughts and feelings
- Younger side of this group has little concept of the future and does not understand about danger
- Age of the ego; center of their own world

**Milestones include:**

- Actively explores environment
- Uses simple sentences
- Shows modesty
- Toe-to-head assessment in an attempt to build trust
- Consider examining the uninjured areas first

**Milestones include:**

- May act like adults
- When stressed, can revert to behavior of a younger child
- May need to examine privately if the patient desires
- Whenever possible, a single caregiver should not be alone with patients of this age.
- Approach with a matter-of-fact, compassionate, but nonjudgmental manner